

## A picture-perfect mountain to hike on, to enjoy the sun and relax - for both the leisurely and the active.



A wonderful experience for young and old



Panoramic way to Steinlingalm



Well built walkways



The ascent with the Kampenwand cable car is a promising experience. First of all seeing the Prien valley with the Castle Hohenaschau which opens up into a view of the lake area with the Chiemsee and its islands.

Arriving at the top, you find yourself in the wonderful nature arena of the Kampenwand, which is situated in the middle of the Chiemgauer mountains, one of the loveliest spots in Bavaria.

From the summit station you have an unsurpassable view of the Central Alps with the Hohen Tauern, the Großglockner, the Großvenediger, to the Wilder Kaiser, the Loferer Steinberge and the Berchtesgadner Alps.

The summit station is the starting point for a walk along a simple and extended mountain hike, on an easy and comfortable trail that stays in the same altitude. Paragliders, mountain bike riders and rock climbers are to be seen here enjoying their sports.

It doesn't matter if you want to take it easy or be more active, if you are looking for a couple of hours relaxation, or to spend a whole day in the mountains, the opportunities are diverse. You can find your ideal place, either in the SonnenAlm which is just a few minutes walk from the summit station of the cable car, or at one of the many serviced huts along the hiking routes.



Enjoy the tranquility 1500m above the everyday life



Rich alpine pastures



### Hiking recommendations:

Starting point is the summit of the Kampenwand cable car (1467 m).

1) Panoramic way to Steinlingalm, passing the westpeak of the Kampenwand. On the Steinlingplateau is a memorial chapel for the war veterans of the Chiemgau area. Wonderful view of the lake Chiemsee area and the prealpine lands. Walking distance around 30 minutes.

2) From the Steinlingplateau the ascent to the east peak (1664 m) of the Kampenwand. This way requires more surefootedness. Ascent and descent about 1 hour.

3) From the summit of the cable car over the Steinlingalm back down to the valley station using one of the well built hiking paths (eg. Reitweg). Walking distance around 2 hours.

4) A longer tour through a charming and varying landscape: Starting point is again the summit station of the cable car. Direction south over the trail number 20 passing the Hofbauernalm to the Dalsenalmen. At the Hinteren Dalsenaln turn on the trail number 4 over the Klausgraben (which is steep) to Hainbach. From there back to the valley station of the Kampenwand cable car on the trail number 12, along the river Prien over to Bach and the so called Kette. Good hiking shoes are needed! Walking time about 3-4 hours.

Further hiking tours are available at the cashiers office in the valley station or by the Aschau Tourist Information office.

Towards the sun  
with the mountain cable car  
near lake Chiemsee

# Kampenwand Hiking Area





Panoramic view of the alps from the SonnenAlm and the summit station of the cable car



Mountain flowers paradise



Paragliding



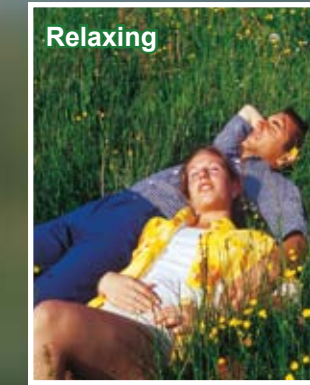
Mountain bike riding



Over 100 climbing routes



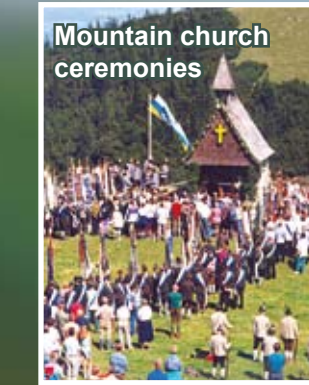
Easy to walk hiking trails



Relaxing



Animal watching



Mountain church ceremonies



sleeping possibilities (2 to 6 bed rooms) and the scope to host various kinds of functions. In the kitchen all the meals are freshly prepared and cooked. The restaurant serves typical Bavarian dishes, as well as mountain favourites like a big plate of local cheeses an ham, wild garlic dishes, sweet plum dumplings, grandmothers apple cake or sugar pancakes with ice-cream and fruits. They also organize with lots of care your special wishes for event menus and fantastic buffets. Open all year round (except November).



The SonnenAlm is situated close to the summit station of the Kampenwand cable car that is in the middle of the many interconnecting hiking trails. On the big sunny terrace, you are surrounded by flowering alpine meadows. To the south you have a fabulous view to the central alps. On the other side is a climbing route to the west peak of the Kampenwand, where rock climbers can be observed. On cooler days you can enjoy the view from inside the cosy restaurant. The SonnenAlm offers 66 simple overnight



SonnenAlm in full moon light

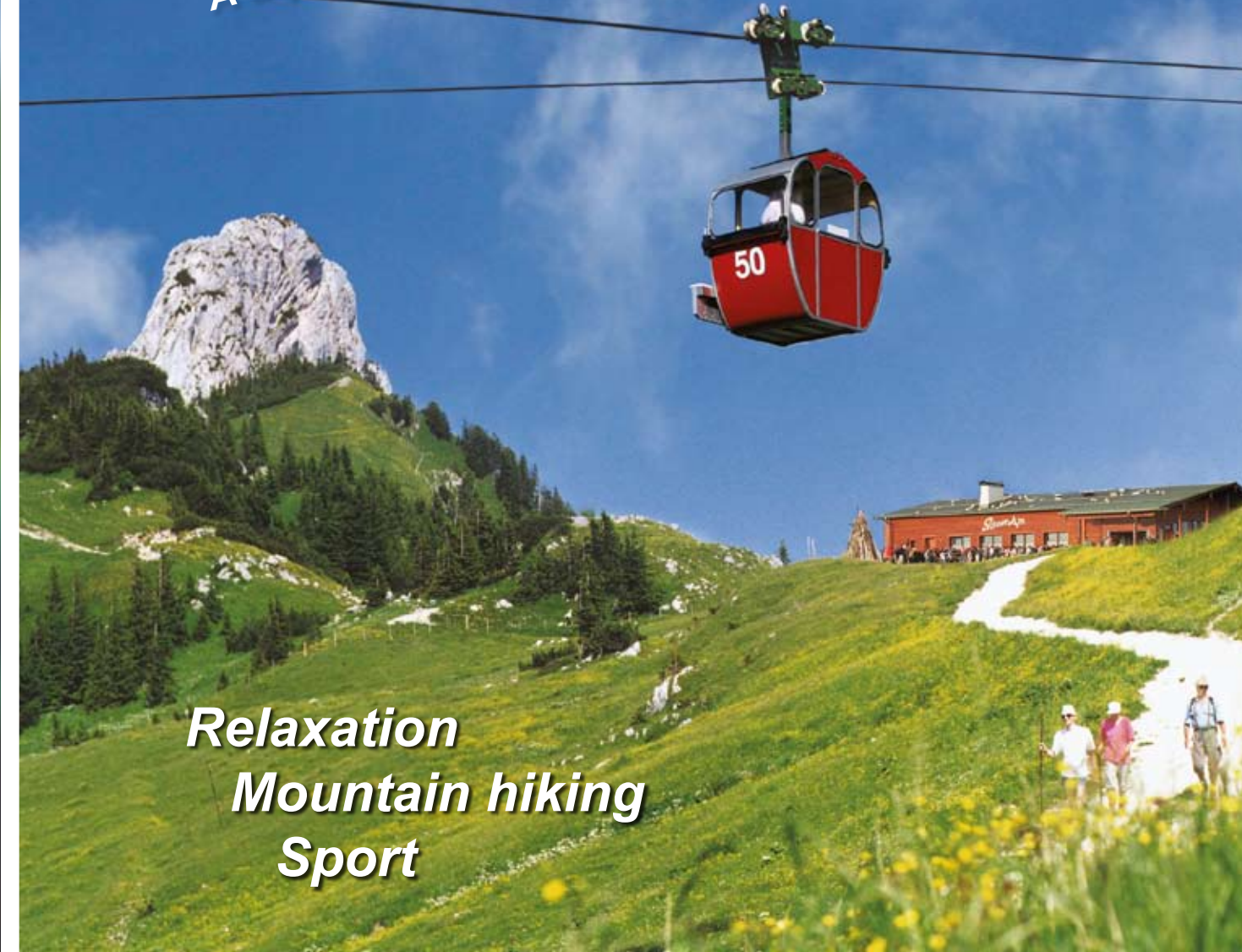


Operating hours of the Kampenwand cable car:  
 Summer: 1 May - 30 June: 9.00 am - 5.00 pm  
 1 July - 12 September: 9.00 am - 6.00 pm  
 12 Sept. - November: 9.00 am - 5.00 pm  
 Winter: 25 December - April: 9.00 am - 5.30 pm  
 Special earlybird prices: May – November until 9.30 am

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Picture-perfect mountain in Bavaria  
 A trip that is worth it!



Relaxation  
 Mountain hiking  
 Sport